



K - 1ST GRADE

EQUIPMENT AND COURT SPECIFICATIONS

Size of Ball	27.5		
Height of Baskets	8.5"		
Size of Court			
Free Throw Line Distance			
3-Point Line Distance			

GAME STRUCTURE

Game Length	10-minute quarters	Running Clock	
Time between Quarters	1 minute	2-minute half time	
Overtime	First team to score		
Scoring	3 Pointer – 3 Points	Field Goal - 2 points	Free Throw – 1 point per make
Timeouts	3-time outs per game		

GAME TACTICS

Playing Time	Must be equal playing time for all players	ALL PLAYERS MUST PLAY EQUAL AMOUNT OF TIME!	No player(s) should play more than any other teammate
Defenses	Can pick up offense inside the three-point line. Must start and stay inside three-point line	Player cannot steal basketball outside three-point line (area)	
Pressing Defense	Cannot press	1-minute left in game, team can pick up offense players at half court. No full court pressing	
Double-Team	No double teaming		
Backcourt Timeline	Offense has 10 seconds to advance basketball pass half court		
Clock Stoppage	Running clock, except last minute of game	Clock will stop for subs, injuries, or official's discretion	
Substitutions	Mandatory substitutions at beginning of each quarter and halfway through each quarter	No player can sit out two consecutive quarters. Players on the bench at end of a quarter, must start the next quarter.	Each team has 30-seconds to make substitutions
Fouls	Players cannot foul out, but Official may ask player to sit for excessive fouling		
Free Throws	Players must start behind free throw line. Players can enter lane once ball hits rim or backboard.	Players can jump over free throw line but must start behind line	Free throw will be shot only on field goal attempt
Lane Violations	5 second lane violation is in effect		
Fast Break	Players/teams can fast break		
Jump Ball	Each game will start with jump ball	Possessions will alternate with every jump ball and/or beginning of quarter.	

CITY OF MILTON/HALFTIME SPORTS WINTER RECREATION BASKETBALL LEAGUE

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